

UNITED WAY OF SOUTHEASTERN CONNECTICUT

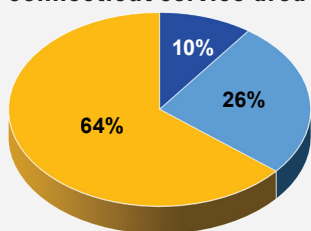


Number of Households – 111,771

Meet ALICE

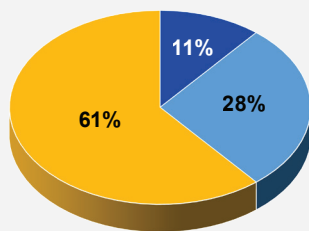
ALICE® is an acronym for **A**sset **L**imited, **I**ncome **C**onstrained, **E**mployed — households that earn more than the Federal Poverty Level, but less than the basic cost of living for the county. Households below the ALICE Threshold — ALICE households plus those in poverty — can't afford the basics in the communities where they live.

United Way of Southeastern Connecticut service area



■ **Poverty:** 10,647 HH, 10%
 ■ **ALICE:** 29,198 HH, 26%
 ■ **Above ALICE:** 71,926 HH, 64%

Connecticut



■ **Poverty:** 159,441 HH, 11%
 ■ **ALICE:** 410,493 HH, 28%
 ■ **Above ALICE:** 884,607 HH, 61%

Note: Municipal-level data on this page is 5-year averages for Census County Subdivisions. Geographies with fewer than 100 households are not included.

Town	Total Households	% ALICE & Poverty
Bozrah	925	28%
Colchester	6,388	23%
East Lyme	8,004	33%
Franklin	716	31%
Griswold	4,890	40%
Groton	16,374	34%
Lebanon	2,834	20%
Ledyard	5,551	29%
Lisbon	1,663	35%
Lyme	998	18%
Montville	6,406	32%
New London	11,794	54%
North Stonington	2,114	26%
Norwich	17,092	50%
Old Lyme	3,185	20%
Preston	1,947	27%
Salem	1,764	20%
Sprague	1,201	36%
Stonington	8,702	29%
Voluntown	1,117	22%
Waterford	8,106	29%

Household Survival Budget, 2024		
	Single Adult	2 Adults, 1 Infant, 1 Preschooler
Monthly Costs		
Housing	\$1,306	\$1,856
Child Care	—	\$2,298
Food	\$536	\$1,453
Transportation	\$387	\$832
Health Care	\$196	\$727
Technology	\$124	\$158
Miscellaneous	\$255	\$732
Tax Payments	\$386	\$1,253
Monthly Total	\$3,190	\$8,876
ANNUAL TOTAL	\$38,280	\$106,512
Hourly Wage*	\$19.14	\$53.26

*Full-time wage required to support this budget

For ALICE Household Survival Budget Sources, visit UnitedForALICE.org/Methodology

The Cost of Basics Outpaces Wages

The Household Survival Budget reflects the minimum costs of household necessities (housing, child care, food, transportation, health care, and technology), plus taxes. It does not include savings for emergencies or future goals like college or retirement. The Household Survival Budget is calculated for each planning region in Connecticut (U.S. Census county equivalent), as costs can vary greatly depending on location and household needs.

To see costs for different household compositions and locations in Connecticut, visit UnitedForALICE.org/the-Cost-of-Basics/Connecticut

