

UNITED WAY OF COASTAL AND WESTERN CONNECTICUT

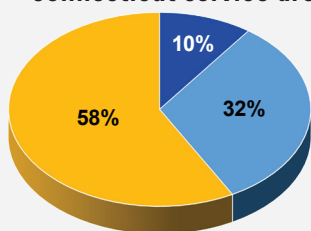


Number of Households – 336,280

Meet ALICE

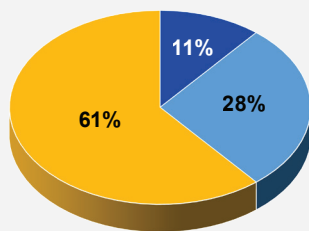
ALICE® is an acronym for **A**sset **L**imited, **I**ncome **C**onstrained, **E**mployed — households that earn more than the Federal Poverty Level, but less than the basic cost of living for the county. Households below the ALICE Threshold — ALICE households plus those in poverty — can't afford the basics in the communities where they live.

United Way of Coastal and Western Connecticut service area



■ **Poverty:** 32,803 HH, 10%
 ■ **ALICE:** 107,583 HH, 32%
 ■ **Above ALICE:** 195,894 HH, 58%

Connecticut



■ **Poverty:** 159,441 HH, 11%
 ■ **ALICE:** 410,493 HH, 28%
 ■ **Above ALICE:** 884,607 HH, 61%

Note: Municipal-level data on this page is 5-year averages for Census County Subdivisions. Geographies with fewer than 100 households are not included.

Town	Total Households	% ALICE & Poverty
Bethel	7,782	40%
Bridgeport	56,558	68%
Bridgewater	709	24%
Brookfield	6,587	26%
Danbury	33,071	54%
Darien	7,234	17%
Easton	2,539	18%
Fairfield	21,561	26%
Kent	1,344	27%
Monroe	6,209	19%
New Canaan	7,153	20%
New Fairfield	4,562	31%
New Milford	10,667	43%
Newtown	9,575	26%
Norwalk	36,011	45%
Redding	3,399	21%
Ridgefield	9,194	28%
Roxbury	1,022	28%
Sherman	1,582	34%
Stamford	55,291	43%
Stratford	20,613	45%
Trumbull	12,153	23%
Warren	597	29%
Washington	1,399	33%
Weston	3,568	14%
Westport	9,778	20%
Wilton	6,122	18%

Household Survival Budget, 2024

	Single Adult	2 Adults, 1 Infant, 1 Preschooler
Monthly Costs		
Housing	\$1,553	\$2,291
Child Care	—	\$3,097
Food	\$590	\$1,600
Transportation	\$387	\$832
Health Care	\$196	\$727
Technology	\$124	\$158
Miscellaneous	\$285	\$871
Tax Payments	\$451	\$1,557
Monthly Total	\$3,586	\$10,700
ANNUAL TOTAL	\$43,032	\$128,400
Hourly Wage*	\$21.52	\$64.20

*Full-time wage required to support this budget

For ALICE Household Survival Budget Sources, visit UnitedForALICE.org/Methodology

The Cost of Basics Outpaces Wages

The Household Survival Budget reflects the minimum costs of household necessities (housing, child care, food, transportation, health care, and technology), plus taxes. It does not include savings for emergencies or future goals like college or retirement. The Household Survival Budget is calculated for each planning region in Connecticut (U.S. Census county equivalent), as costs can vary greatly depending on location and household needs.

To see costs for different household compositions and locations in Connecticut, visit UnitedForALICE.org/the-Cost-of-Basics/Connecticut

